

Burchfield Primary School News

March 2017

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Love & Logic-Dealing With Defiance

What do you do when they say, 'I'm not doing that! You can't make me!'"?

Step 1: Say in a non-threatening way, "No problem. I care about you too much to fight with you about this. If it doesn't get done I'll take care of it."

Whom are you really talking to? You're talking to yourself. The goal at this point is to allow the child or teen to believe that you are backing down so that you can create a solid plan for making their bad behavior *their problem*. Does this decrease the odds of having a destructive, even dangerous power struggle?

Step 2: Hope and pray they continue their defiance.

Don't remind, nag, beg, bribe, or threaten. The fewer words you use, the better. Remember that every mistake or misbehavior is a wonderful opportunity to learn life's most valuable lessons.

Step 3: Put together a plan and plug the holes.

Do you know a child or teen so bright that they quickly find the "loopholes" in every plan? Avoid this by first visiting with family, friends, colleagues, or other professionals who can offer ideas and support.

Step 4: Let loving empathy and consequences do the teaching.

There must be consequences, because defiance is damaging to everyone. It drains our energy, and it hurts the young person by leading them to believe that nasty, disrespectful behavior is okay. Kids will never enjoy peaceful and productive lives if they fail to develop proper submission and respect for authority. Sincere empathy delivered by the adult makes it far more likely that the defiant child will learn respect rather than resentment and greater rebelliousness.

Step 5: Remember to love the child even when it's impossible to love their behavior.

This is tough... but that's why it's so powerful. Hope is provided when kids know that nothing can separate them from our love.

Notes from the Office:

Kindergarten Registration: If you have a child who will turn 5 on or before December 2nd, 2017, and will be entering kindergarten this August, please contact the school office at 458-5853. By state law, a copy of your child's birth certificate and shot records must be presented when registering. Please call for an appointment.

Pennies for Patients: Burchfield Primary School will be participating in Pennies for Patients February 27-March 17. Pennies for Patients helps raise funds to help treat and find a cure for blood cancers such as Leukemia, Lymphoma, and Myeloma. All your child has to do is collect coins or other donations for their classroom collection box. All proceeds go to the Leukemia and Lymphoma Society. Let's help teach our children about service, leadership, and philanthropy by saving lives one donation at a time!

Read Across America-Dr. Seuss Day: BPS will be celebrating Dr. Seuss Day on March 2nd. We will have a read-a-thon from 1:40-2:10 and parents are welcome to read with their child's class during this time. Please sign in at the school office.

Information Update Form: Please complete, sign and return the form that was sent home to update the contact information that we have on file. With the weather we are experiencing this winter it becomes increasingly important that we have current information for all of our students in case of an emergency. Thank you for your help!

Dates To Remember:

- Feb 27th-March 17th
Pennies for Patients
- March 2nd
Dr. Seuss Read-A-Thon
- March 3rd
End of 2nd Trimester
- March 7th
Parent Club, 6:00
- March 13th
Report cards home
- March 17th
St. Patrick's Day-Don't forget to wear green!
- March 20th
2nd Trimester Awards Assemblies
- March 24th
Dental Screening
- March 27th
Site Council, 3:00
ELAC Meeting, 6:00

